BHARATHI BYTES

Rotary

Rotary District 3234

Service Above Self

NEWS LETTER OF ROTARY CLUB OF CHENNAI BHARATHI RI District: 3234 Club Id: 86610 Charter date: 8th April 2015

ISSUE 17 SEPTEMBER 2024

President's desk

you want.

As I attracted and discovered the kinds of team members I needed to realize my dream, I began to experience positive results. Today I'm abundantly reaping the benefits of this leadershift.

6. MOVE FORWARD COURAGEOUSLY IN THE MIDST OF UNCERTAINTY

Life expands or shrinks in proportion to our courage. When leaders fail to make a necessary leadershift because of fear or uncertainty, it only increases their fear, which results in frustration. The greater the inaction of the leaders, the more opportunities they lose because opportunities are always surrounded by uncertainty. All good things include uncertainty, and overcoming incertainty requires courage.

I like what Brad Lomenick said about courage in his book The Catalyst Leader. He quoted my friend Andy Stanley, a wonderful leader who founded North Point Church. Andy was speaking to Catalyst leaders, but his words also described leaders who leadershift:

Many, many great things have begun with a single act of courage, throughout history and today. A person steps out and makes one courageous decision and that one domino starts many other dominoes falling. We have to step out and take that first step, and we may never know the ripple effect of that one courageous decision. Catalyst leaders—your decision to do something courageous may result in something greater than you ever imagined. Step out, ...

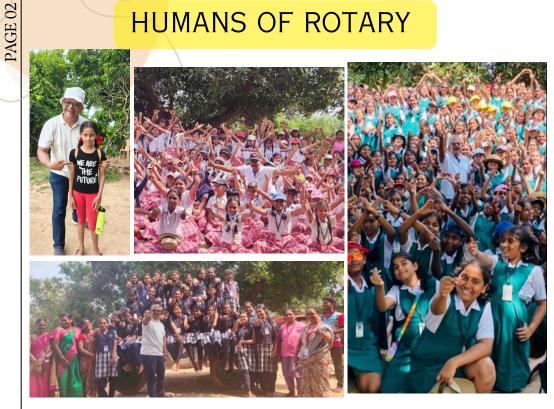
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RTN.NISREEN MUSTAFA MADRASWALA

President of RCCB Founder - MUNSHI's Wholistic Services French Teacher

HUMANS OF ROTARY



Greetings!

I am blessed to be an Entrepreneur, Diplomat, and Professor, and I am now wholeheartedly embracing my journey as a Responsible Organic farmer. While we have conducted business exceeding 200 crores, I have come to realize that my personal calling lies in connecting with Nature, Mother Earth, and teaching. Understanding the importance of agriculture and food security for city children, we initiated a social entrepreneurship project that brings school children to our farm for a day's experience as farmers. Through Farm Guru, we educate children on both the scientific and practical aspects of farming, nurturing a generation committed to sustainable agriculture and ensuring a brighter future for our food systems.

> With lots of love. M Sesha Sai Honorary Consul General **Republic of Seychelles** Chennai 600034



PROJECTS FOR THE MONTH CANCER VOLUNTEER OUTREACH PROGRAM







RCCB 's outreach programs as Volunteers for the Cancer Paediatric Ward began with a Decoupage session for the mothers. The initiative is to to Destress them as they are in a perpetual turmoil as caregivers to their children who are undergoing treatment at the Cancer Paediatric Ward in Gandhinagar.

JOINT CLUB PROJECT

along with

Rotary Club of Chennai Galaxy





We donated 3 television sets to The Cancer Paediatric ward, Gandhi Nagar

INTERACT SCHOOL CLUB INSTALLATION

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Pananthope Railway colony



JOINT SPEAKER MEET along with Rotary Club of HALLMARK



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The joint online speaker meet today along with RC Hallmark was well attended and extremely well received. We had 35 participants joining us from different parts of the country to benefit and understand the nuances of Gut health. The speaker Dr Ashmita, founder of 902 detox clinic threw light on the connection of the Gut - brain axis ,the emotional, mental and physical challenges that our human body manifests in the form of disease. We will share the recorded video on request. Thank you to all of you who joined on a Sunday morning. Stay gut happy 🎽

> Regards, Rtn Nisreen President RC Chennai Bharathi





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AQUA AEROBIC SESSION



A fun Aqua aerobics session was conducted for our members and Non Rotarians . We also had our club treasurer gift her Book "Scars do heal", to the participants to the trainer & the participants.

RECOGNITIONS





Early bird winner Rtn Shilpa ,club Treasurer for the meet & greet series. Recognition from Awards Nite Rotary Year 23-24

Avenue-Wise: 1. Community Economic Development - Beneficiaries (overall 2nd place) 2. 7 Areas of Focus (overall 2 nd place) 3. Youth service- new interact club 4. Youth Service - RYLA 5. Odi Vilayadu Event -Specilal recognition 6. Vocational Awards 7. Career Guidance and Skill Development 8. Entrepreneurship Development 9. Public Image a)News paper b) FM /TV features -11. Rotary Stickers

> Individual: 1. Best president 2. Best Secretary 3. RS recognition- Rtn Santhi

Annettes Club 1. Best President 2. Best Annettes Club - 2 nd place 3. Best Club - informative speaker meets 4. True Blue Club Award 5. Best in Awareness Camps 6. Best in Club Service







Wedding bells are ringing!

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*RTN.SUJATHA** ties the knot





DONATION

Your donation Amount: 8,400 INR Supporting: Annual Fund-SHARE

Rtn Nisreen donated 100 dollars towards

the Rotary foundation